**SUBMISSION OF A PROJECT PROPOSAL FOR RE-USABLE SANITARY PADS**

Name of organization: Rural Women Empowerment for People with

Disabilities (RWEDP)

Project title: Training teenage girls on how to make sanitary pads

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Director : Muliwabyo Justus

Title: Director

**Organization background**

RWEDP is a legally registered non-profit making nongovernmental organization that was founded in the late 2011, but fully registered in the year 2014 to positively respond, Inform and support communities with quality care services in Kasese district with Reg. No.2342. RWEDP was founded by a group of 14 strong women, youth who came from different parts of Rwenzori Region in western Uganda, who had common ideas that formed a board of 9 members, 5 members formed board of trustees of RWEDP. The two boards is managed and directed by the Annual General Assembly (AGA) as the organization decision makers.

**Organization vision**

### Our vision is to become one of the leading commercial poultry farm production brands not only in Uganda but also in East Africa.

**Mission**

To positively respond, Inform and support people with disabilities in rural communities with quality care services*.*

**Organization objectives**

* To enhance the female youth with knowledge and basic information about their rights to enable them become responsible citizens.
* To equip the female youth with non-formal skills for job creation
* To help initiate youth friendly income generating activities in an effort to poverty reduction
* To promote girl child education for illiteracy reduction among young women

**Challenges faced by the female youth**

* There is high rate of girls dropping out of school and absenteeism at the end of every month due to lack of sanitary pads for girls to use when they are on their menstrual periods
* Some young girls in primary schools do not understand or have knowledge on menstruation and sex education.
* Some parents do not understand the value of educating the girl child hence she is taken as an object. And it has increased early marriages and sex among adolescent girls. According to national development plan, the poverty level is still high and is about 35% of Ugandan and the female youth being the most poorest. The youth comprises over 60% of the Ugandan population. The school drop out of girls is at 58% in primary schools and the reason for dropping out is a result of sexual harassment and lack of sanitary facilities in most schools as girls lack knowledge about reproductive health issues. Therefore training the adolescent female youth in making re-usable sanitary pads and the importance of girl child education shall enable our girls stay and complete school. It shall also promote hygiene among the girls.

**Project goal**

Have increased number of girls completing primary school. and this shall be seen through the following;

1. Reduced number of absenteeism among girls due to menstruation.
2. Increased number of girls participating in school and home activities during menstruation.

**Beneficiaries**

The direct beneficiaries of this project are the female youth under the age of 12-18years in primary schools. And the indirect beneficiaries are their parents who will no longer spend money on buying pads for the young girls out of school who are getting knowledge on how to make pads from the girls in school. Our major focus shall be to train the adolescent girls and their teacher in schools on how to make sanitary pads.

**Current programs**

At the moment agape of hope is engaged in the following programs:-

1. Adolescent reproductive health
2. Vocational skills training
3. Human rights and good governance
4. Environmental health enhancement
5. Sustainable farming practices

* **Adolescent reproductive health:**

This program highlights reproductive health issues among girls which includes early marriages, early pregnancies, HIV/AIDS, family planning and making re-usable sanitary pads.

* **Vocational skills training:-**

This program focuses on training the school drop outs and young mothers in tailoring, hairdressing and knitting to enable young women and girls generate income to support themselves.

* **Human rights and good governance:**

Noting that gender based violence against women in Kasese and Rwenzori region is on increase and that also it increases the number of girls dropping out of school and increases early marriages, we have found it necessary to sensitize the communities to prevent gender based violence and advocating for public accountability of both private and public officers for equitable delivery of services.

* **Sustainable farming practices**

The program involves training marginalized communities in modern farming practices that make it more productive. Most of the rural populations in Kasese district and Rwenzori region depend of agriculture where they grow crops and rear animals on subsistence farming using rudimentary practices. The program involves transforming the farmers from substance to commercial and productive farming.

* **Environmental management**

This program involves training women on environment health and sanitation to overcome global warming, environmental degradation and disaster management. The program takes agro-forestry, a forestation and waste management into consideration.

**Proposed action**

RWEDP intends to train 700 peer educators in 30 primary schools which shall include girl pupils and women teachers in the making and production of re-usable sanitary pads. We shall also establish health clubs in schools sustain the project in the school reached. The training shall be conducted in selected schools to increase the ownership of the project by schools. We shall hold debates and plant health trees in schools.

**Monitoring and evaluation**

The project shall be monitored by the coordinator who shall submit a monthly report to the board. And the training team shall be sitting every two weeks to review the project activities and lay strategies. Feedback forms shall be designed and filled by the beneficiaries to enable the trainers and management to analyze the outputs.

**Estimated budget**

|  |  |  |
| --- | --- | --- |
| **s/n** | **Items** | **Amount** |
| **A** | **Training materials** | 200 POUNDS |
|  | Flip charts |
|  | Mark pens |
|  | Blue pens |
|  | Masking tape |
|  | Ream of paper |
| **B** | **Communications** | 300 POUNDS |
|  | Travels |
|  | Internet services |
|  | Postage and photocopying |
| **C** | **Planning meeting** |  |
|  | Orientation meetings board and staff | 260 POUNDS |
|  | Conduct baseline survey in schools | 455 POUNDS |
|  | Hold 2 advocacy and reflection meetings | 1.000 POUNDS |
| **D** | **Implementation** |  |
|  | Purchase of training equipment’s | 13730 POUNDS |
|  | Training 500 peer educators | 500 POUNDS |
|  | Formation of health clubs | 250 POUNDS |
|  | Production and distribution of IEC materials | 500 POUNDS |
|  | Radio talk shows and spots | 200 POUNDS |
|  | **Total amount requested** | **17930 POUNDS** |