



Herbalists without Borders is sustained by Volunteers, donors & members delivering health, wellness and humanitarian aid to those in need.

Herbalists without Borders (HWB) is an international network of herbalists, traditional healers, complementary alternative medicine clinicians, botanical medicine product-makers, trades people, herb growers, farmers, ecologists, students and others interested in the role of plants in primary health and wellness, sustainable agriculture, trade and ecological preservation and restoration.

HWB recognizes that many global citizens lack access to health and wellness due to economic and other barriers. HWB firmly believes that *health is a human right*, not a privilege. Organizing and volunteer efforts focus on alternative health and wellness solutions, through education, empowerment and advocacy projects.

HWB is a cross cultural health and wellness organization that creates intercultural exchanges and takes actions via national, regional and project-based chapters around the world, including *Borderless Medicine Programs*.

HWB believes in the protection and preservation of indigenous herbs and traditional healers, including autonomy and intellectual property rights that honor and respect the wisdom of both traditional plants and healers.

HWB educates about growing and eating of traditional local healthful natural foods and herbs; the relearning and recollecting of everyday traditional cultural healthful lifestyles.

HWB supports equitable, sustainable, fair trade practices involving herbs and botanical products, including the promotion of local diets and botanicals.

HWB embraces true empowerment models, encouraging local people to utilize their own unique community resources and create access health and wellness clinics.

HWB encourages herbalists and healers in their continuing training and education.

HWB is run by all volunteer services, monetary and in-kind donations of its chapter members.

HWB has over 70 chapters around the globe, including in North America, Europe, Africa, Asia and Oceania.

HWB does not impose care upon countries or cultures of people, we go when invited and typically encourage residents of countries to organize and start an HWB Chapter in their region. Cultural autonomy, preservation of healing traditions, indigenous plants and healers are priorities for Herbalists without Borders.

The mission of **HWB** is to provide *down to the ground health and wellness* for all people who need access to natural & botanical health and wellness. Care provision based on need, not ability to pay. HWB people's clinics depend upon the generosity and volunteer time of the natural medicine communities and other volunteers.

Herbalists without Borders International is an IRC 501(c) (3) nonprofit NGO.

To find out more about HWB International Borderless Medicine, visit our website at:

<http://herbalistswithoutborders.weebly.com/intl-borderless-medicine.html> or

Contact the Uganda country chapter office Kampala / Kasese Uganda Tel: +256782872431 / +256705956122

Email: herbalistswithoutborderug2017@gmail.com