



# ANAMED RWENZORI

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## **Anamed Rwenzori organization profile**

### **Origin**

**Anamed (action for natural medicine) was initiated by the German pharmacist Hans-martin Hirt and African healers. In the course of time they have been joined by many other active people in many countries of Africa and other continents. In 1994 the organization “anamed international” was registered in Germany as the German equivalent of a charitable trust with its HQ in Winnenden.**

**Anamed Rwenzori was founded on 27<sup>th</sup> April 2009 during an international seminar held at the Masaka Catholic Social Center for strengthening existing and formation of new Autonomous networks in Uganda and facilitated by Dr Keith Lindsey coordinator anamed international, Germany.**

**Anamed Rwenzori operates in Ntoroko, Bundibugyo, Bunyangabu and Kasese Districts.**

### **THEMATIC AREAS:**

- I. Health*
- II. Child programming and rights.*
- III. Livelihoods.*
- IV. Natural medicine Research and Product development.*
- V. Gender mainstreaming.*
- VI. Environment and biodiversity conservation.*
- VII. HIV/AIDS.*
- VIII. Nutrition and medicinal plants promotion.*

- Institutionalization of indigenous knowledge health sciences and documentation.
- Training and skill upgrading for herbal medical practitioners

## **MANAGEMENT**

**Anamed Rwenzori has a 9 member's board of trustees comprised of the chairperson, vice chairman, secretary, treasurer, and five board members including one staff representative from the technical team.**

**The technical team comprises of all expertise according to the thematic areas.**

## **ACHIEVEMENTS SO FAR**

- **Anamed Rwenzori is legally registered as a community Based Organization registration Number CBO 2323 with the Bundibugyo District Local Government since 2015.**
- **Anamed has developed a new concept of natural medicine.**
- **Natural medicines have been produced from tropical medicinal plants.**
- **Reproducible recipes have been collected, developed and evaluated.**
- **Together with Bindanda m, pia, Hans-martin Hirt wrote the now well known book "Natural medicine in the tropics" which is now available in seven languages.**
- **An imaginative programme for week long seminars in natural medicine has been developed which are held regularly in many African countries. This train nurses, Doctors and community leaders.**
- **Research in the use of Artemisia annua tea for the treatment of malaria and HIV/AIDS patients has been conducted and supported across the world.**
- **Anamed has further developed as a lean, practice oriented and efficient organization, and enjoys every good reputation with the churches and development workers in many countries.**

- **These activities have saved the lives of thousands of people in tropical countries, and many people have been healed from their diseases irrespective of the colour of their skin, gender and Religion.**
- **Anamed Rwenzori has trained over 200 practicing herbalists who have acquired employable skills for self reliance which has enabled them to have sustainable livelihoods and able to meet the basic needs in their House holds.**
- **In partnership with Scope Uganda Anamed Rwenzori has established food forests on two schools Bundibugyo Primary teachers College and Demonstration primary School then another one at Rwenzori christian vocational secondary school in Kasese District.**

#### **THE MOTIVATION FOR OUR WORK FROM SOCIAL AND ECONOMIC REALITIES.**

- **The extent of poverty in Africa and asia.Inspite of all the talk and the millennium Development goals, poverty continues to increase.**
- **The incidence of both malaria and HIV/AIDS is increasing, particularly in sub-Saharan Africa.**
- **Every day children die from preventable diseases, for example about 5000 die daily from diarrhea. By means of simple preventive measures and treatment all most all these deaths could be prevented.**

#### **OUR VISION**

**We dream of a world in which even those people living in the most simple circumstances meet their health needs by using their own skills and abilities to utilize their own locally available resources, and by working in cooperation with others.**

**Families, communities and health centre's in the tropics and even the entire regions take responsibility for their own health and there by become virtually independent from imported products.**

**In practice, in such a world:**

- **Each religious centre and health centre would have a garden of fruit, vegetables and healing plants.**

- **Each community would have a reliable supply of clean drinking water, and good toilets are built, maintained and used.**
- **Many people would develop knowledge of good nutrition and the production of natural medicines from the medicinal plants in their gardens, as well as how to treat common diseases and medical complaints.**
- **This knowledge would be taught in schools, religious centers and health centers.**
- **Doctors, nurses, teachers and healers would prescribe and use these natural medicines. They would establish good relationships between themselves in order to maximize the exchange of knowledge and experiences.**
- **National and international networks would be formed for the exchange of information and experiences between those committed to natural medicine.**
- **In every tropical country democratic and long term groups would be formed which are committed to the aims and principles of anamed.**

#### **OUR MAIN ACTIVITIES**

- **We run week long seminars in the tropics.**
- **Thus people are trained who subsequently train others and local natural medicine networks developed.**
- **We run seminars to train church leaders and development workers.**
- **We promote the cultivation of Artemisia annua, particularly for the treatment of malaria.**
- **We write and publish books about natural medicine and constantly amend and improve them.**
- **We coordinate and support groups in tropical countries that practice natural medicine.**

- **We take part in workshops, both western medicine and local herbal medicines, to spread our message to others.**
- **We support agricultural and pharmacological research into healing plants.**
- **Home based care, palliative care, child to child activities and community mobilization for health care programmes.**

### **OUR CORE VALUES**

**Team work**

**Professionalism**

**Transparency and accountability.**

**Service above self.**

**Net working.**

**We hope that through our work we contribute to the realization of our vision. We invite you to work with us and to support us.**

**OUR PREVIOUS ACTIVITY PROFILE PHOTOS**



**Herbal Spiral Garden**



**Before Permaculture at Bundibugyo Primary teachers College**



**After Permaculture the food forest was realized.**



**Changing the desert School Compound into a food forest.**



**During the installation of permaculture at Demo primary School**





**During the installation of permaculture at Bundibugyo Primary teachers College.**



**Bundibugyo Primary Teachers where the activities were implemented and we are very proud of the impact which we need to scale up to other schools if funding is realized.**





**Trees and fruit trees Planting for Climate change mitigation and Nutritional Needs.**



**Mushroom Farming at Bundibugyo Primary teachers College to teach the young student teachers self reliance and medicinal/Nutritional Benefits of Oyster mushrooms as part of Permaculture elements at the college.**