## NATIONAL ORGANISATION FOR CHILREN WELFARE AND HUMAN RELIEF [NOCHU]



# THE BEST INTERESTS OF A CHILD MUST BE PROTECTED FROM ALL SPHERES OF LIFE

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### 1.0 EXECUTIVE SUMMARY

In implementing the project volunteers were highly appreciated within respective schools, students were informed seriously about HIV/AIDS as a national pandemic. Clubs have been established accordingly with close supervisions from the organization. Teachers contested that before the introduction of our project, they lacked enough time to talk with students about HIV/AIDS due to the conjunctions of their official responsibilities in relation to academic matters of the students. Therefore our project served the purpose in connection with HIV/AIDS. When we conducted open dialogue with students to test their understanding about HIV/AIDS there we realized ignorance level to be high, the situation changes and now we reserved responses which portrays that students have been so much enlightened about the pandemic. Also teachers reported to us simultaneous cases in which girls ran into conflicts with boys because girls quitted love relationships. According to teachers investigations some students are starting to reduce their bad behaviors which put them in the risks of being exposed to HIV/AIDS infections.

In addition as more efforts will be placed to motivate students to abandon risk behaviors, it assures to create safe community for students to protect themselves from acquiring HIV/AIDS new infections.



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### 2.0 INTRODUCTION OF THE PROJECT

Dar es salaam region is among of the place in Tanzania mainland which has been distressed by HIV/AIDS. Children and adults have been infected by HIV/AIDS at the large number, which increases a huge burden of health costs to poor families and the government, decreases productivity to the community, causes emotional disturbances and unstable health condition to patients and finally establishes a strong base for poverty and life without happiness in the community.

In the region many young people are engaging in risky sexual behavior (such as not using condoms), having multiple sexual partners, and having sex in the age of 12(most are secondary school students). Comprehensive knowledge about HIV is also low (young people have no adequate knowledge). Due to the fact that ignorance about HIV/AIDS to young people exposes them in danger of being infected, therefore education about HIV/AIDS to them is needed so as to protect them from infections. According to the Global Aids Response Country Progress Report 2014 large number of children enrolled in HIV care, whereby 7,398 were female and 6,880 were male which create a totality of 14,278 children enrolled in HIV care. According to TANZANIA Country Operational Plan (COP) 2015 Strategic Direction Summary August 12, 2015 ,Dar es salaam has a totality of 238,697 people living with HIV(PLHIV). Therefore in relation to the above data, young people(15-17 years old) at secondary school are in danger of getting HIV infections due to their low understanding about HIV/AIDS.

### **NOCHU ENGAGEMENT**

Also NOCHU has conducted research on Dar es salaam through visiting a totality of 11 government's secondary schools and arranged focus group discussions which consisted of 30 students in each school. The schools were selected randomly and the same approach was adopted to choose students who participated. Our organization realized that none of those schools provide a serious education and awareness about HIV/AIDS to students. Also students do not understand about HIV/AIDS in details what they know is *it is just ideas*. In our discussions with 330 students of primary schools, we found that 217 students have friends of their age (15–17 years old) who engage in sexual relationship but many of them were girls. Also they told us their friends understand very narrow about HIV/AIDS and little about reproductive health.

This project has been designed to educate and raise awareness about HIV/AIDS to young people (aged 15-17) at 10 secondary schools within Dar es salaam region through establishment of HIV/AIDS clubs within schools.

### THE OBJECTIVES OF THE PROJECT

To educate and raise awareness to students (young people/Children aged 15-17 years old) about HIV/AIDS in urban secondary schools through HIV/AIDS clubs

### Other /Specific Objectives

- a) To conduct open dialogue with students concerning HIV/AIDS within 10 secondary schools
- b) To train 20 secondary schools teachers for supervising the HIV/AIDS clubs
- c) To establish 10 HIV/AIDS clubs with 10 secondary schools.
- d) To conduct behavioral interventions to reduce HIV-related sexual risk behaviors through HIV/AIDS clubs in 10 secondary schools
- e) To draw a picture on the wall of a schools building which communicates and raises awareness about HIV/AIDS to the public in 10 secondary schools

### 2.1 OBJECTIVES SET FOR THE QUARTERLY

- a) To conduct open dialogue with students concerning HIV/AIDS within project covered secondary schools
- b) To train 6 secondary schools teachers for supervising the HIV/AIDS clubs
- c) To establish HIV/AIDS clubs within 3 secondary schools
- d) To conduct behavioral interventions to reduce HIV-related sexual risk behaviors through NOCHU HIV/AIDS clubs in 3 secondary schools

### 2.2 DESCRIPTIONS OF THE ORGANISATION

The National Organisation for Children Welfare and Human Relief [NOCHU], is a non governmental organization established in 1994 by men and women dedicated for the welfare, rights, and interests of the child and other maginalised groups. NOCHU was registered with the Ministry of Home Affairs under the Registrar of Societies, Registration No. SO 8231. Also registered with the Non-Governmental

Organisation Act,2002 on 10 August, 2011 with Certificate of Compliance No. 00001420.

NOCHU is dedicated to the growth, dignity, independence and self reliance of mankind and broadly engages itself in the promotion of human rights and democracy; promotion of agriculture and rural development, infrastructure and public awareness; formulation of programmes on refugees' camps/areas; promotion of information sharing, training and publicity; and carrying out of HIV/AIDS programmes.

### NOCHU's objectives

- a. To engage in all activities concerning HIV/AIDS, HUMAN RIGHTS and ENVIROMENT
- b. To arrange and provide education ,food, clothes ,shelter ,medical treatment and training for the orphans, deserted, neglected and disabled children
- c. To arrange and provide food, clothes and shelter for the people under disaster like floods, earthquakes, hunger, war, fire and accidents.
- d. To arrange and provide food, clothes and shelter for the mental retarded people and disabled.
- e. To provide assistance to the old aged and poor
- f. To plan establish and develop projects geared for the welfare and interests of children, disabled, orphans and the poor
- g. To undertake presentation and lobbying for the welfare and interests of children
- h. To act as centre of information exchange and publicity for various groups working for the interest of children, disabled ,human rights and relief for our country
- i. To promote and strengthening corporations between international community and local communities in the matters of common interests

### **Vision of the NOCHU**

A society which respects and protects the welfare and the best interests of a child

### **NOCHU'S Mission statement**

To defend, to protect, to develop the growth, the rights, the interests and the welfare of the child from all spheres of life as fundamental human rights.

#### Governance

The NOCHU is a membership organization with 45 members. The members form the Annual General Meeting which is the highest governance organ of the NOCHU. The AGM appoints a Board and Executive director to govern and direct policies of the NOCHU. Currently there are nine (7) board members. The day to day activities of NOCHU is managed by the Executive Director under the overall Supervision of the Executive Council (The Board)

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LIST OF SCHOOLS COVERED IN THE FIRST QUARTER OF THE PROJECT IMPLEMENTATIONS

		4///	
NAME OF THE SCHOOL	WARD	DISTICT	OWNERSHIP
BOKO SECONDARY SCHOOL	ВОКО	KINONDONI	GOVERNMENT
BUNJU A SECONDARY SCHOOL	BUNJU A	KINONDONI	GOVERNMENT
MABWEPANDE SECONDARY SCHOOL	MABWEPANDE	KINONDONI	GOVERNMENT

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### 2.2 QUARTERLY WORKPLAN OF THE PROJECT

Quarterly Work Plan with Summary Activities, Inputs and Expected Results															
	Timeframe (months) Inputs											Expected Results			
Description of Activities	Required	1	2	3	4	5	6	7	8	9	,	1 0	1	1 2	
To conduct HIV/AIDS open dialogue with students in 3 project covered secondary schools	5 Human resources and funds			O Z	I			R	IV L/A		1	70	/A	E	Data on the students level of understanding about HIV/AIDS in 3 secondary schools
Preparation of Training to 6 teachers	2 human resource and fund				V		1				2	1	\ \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		Printed t-shirts and caps, productions of banners, prepared training documents, Prepared 3 HIV/AIDS club guidelines and HIV/AIDS learning manual for secondary schools
Execution of the Training to 6 teachers	3 human resource and fund						1		Y				7	JUMPHIT	6 trained teachers and  Distributed 3 HIV/AIDS club guidelines , HIV/AIDS learning manual for secondary and 9 pairs of t-shirt and caps
Preparation of Establishment of HIV/AIDS clubs within secondary schools	2 human resource and fund													PR	Purchased total of 3 banners, 6 footballs, netballs 6,60 pieces of color pencil kits, 6 plain paper bundles, 6 attendance books, 9 pairs of tshirts and caps 9,6 files, 12 scarves for student leaders, 3 HIV/AIDS club guidelines and 3 HIV/AIDS learning manual for secondary schools to all project covered schools
Execution of Establishment of HIV/AIDS clubs within 3 urban secondary schools	2 human resource, transport and fund						S	C	La						distributed total of 3 banners, 6 footballs, netballs 6,60 pieces of color pencil kits, 6 plain paper bundles, 6 attendance books, 9 pairs of tshirts and caps 9,6 files, 12 scarves for student leaders, 3 HIV/AIDS club guidelines and 3 HIV/AIDS learning manual for secondary schools to all project covered schools

Inputs				7	Γim	ıefı	ran	ne (	(m	Expected Results				
Description of Activities	Required	1	2	3	4	5	6	7	8	9	1 0	1	1 2	
Drawing a picture on the disclosed part of a wall in a school building for HIV/AIDS awareness and project communication to the community	2 human resource and fund													Drawn picture on the wall of school building for HIV/AIDS awareness and project communication in 3 secondary schools
To conduct behavioral interventions to reduce HIV-related sexual risk behaviors through NOCHU HIV/AIDS clubs in 3 secondary schools	3 human resource and fund													Provision of education and raising awareness to student about HIV/AIDS, Collection of data on project developments,.



### 2.3 APPROACHES/ACTIVITIES OF THE PROJECT

## 2.3.1 To conduct HIV/AIDS open dialogue with students in 3 project covered secondary schools

This activity involved talking with students about HIV/AIDS in form of questions in which project staffs talked with students on the open space and each student responded was awarded a gift so as to motivate student's engagement in the activity regardless what he/she contributed was right or wrong. Our organization arranged questions in chronological order from simple questions to complex questions so as to assess the level of students understanding about HIV/AIDS for the purpose of preparing standard materials to be used in the coming established HIV/AIDS clubs. Also the activity was done to prepare students to accept HIV/AIDS clubs. The following are some images which were taken in the implementation of the said activity.



Students listening attentively on HIV/AIDS open diologue within Boko secondary schools



Project Staffs from the organization conducting HIV/AIDS open dialogue with students in Boko Secondary school



A form two student within Boko secondary school received his gift after contribution in the dialogue



A form three student within Boko secondary school received her gift after contribution in the dialogue



One among of the students of Mabwepande secondary school receiving a gift for contributing his views on HIV/AIDS open dialogue within the school.



Project Staffs running HIV/AIDS open dialogue within Mabwepande Secondary school



A student going to sit after contributed his views and receiving his gift about in HIV/AIDS open dialogue within Mabwepande Secondary school



Students raising their hands to contribute their view in HIV/AIDS open dialogue within Mabwepande secondary school

## 2.3.2 Training of 6 teachers who will supervise operations of NOCHU HIV/AIDS clubs at their schools

This activity involves training of 6 teachers from 3 secondary schools covered with the project. In each of the 3 secondary schools, 2 teachers to participate on the training. The training focuses on imparting teachers with knowledge about HIV/AIDS and operations of the clubs. An expert (a medical officer/ Doctor) elaborates the contents of HIV/AIDS learning manual for secondary schools to teachers. HIV/AIDS learning manual for secondary schools is a special document which was prepared purposely for teaching secondary school students about HIV/AIDS as a basic knowledge. Also the project coordinator has to demonstrate in detail on how to run the clubs. The training has to be conducted in two days. The venue for training has planned to be in the classroom of one among the project covered schools.

Since the project has no donor and it is operated in volunteerism bases and contributions from the individual persons in the community, we lacked fund to conduct this activity. Therefore this activity was not conducted.

### 2.3.3. Establishment of HIV/AIDS clubs within 3 secondary schools

HIV/AIDS club is the special arrangements of students within a school compound for the purpose of learning about HIV/AIDS. It involves the use of extra time after normal class sessions in which students are organized in groups to learn so many things about HIV/AIDS, based on ways which entertain through verbal presentations, drama, drawing competitions, sports, Music, Discussions and speeches from motivational speakers or the community leaders like from Mosque, Church or elders and famous politicians. The clubs have been designed to conduct four sessions per month in which two sessions for normal teachings about HIV/AIDS and the two sessions focus on transforming the teachings into arts like music, drama, drawings, literature, sports and games so as to ensure understanding, creation of long term memories, easy for students to spread the awareness outside school and to create HIV/AIDS club interests to students. Each session utilizes two hours. After the establishments, clubs have been organized and supervised by a HIV/AIDS MOTIVATIONAL SPEAKER(S) (usually a teacher(s) and students(s) of a particular school using NOCHU HIV/AIDS clubs guideline. Also this activity involves distribution of total of 3 banners, 6 footballs, netballs 6,60 pieces of color pencil kits, 6 plain paper bundles, 6 attendance books, 9 pairs of t-shirts and caps 9,6 files, 12 scarves for student leaders, 3 HIV/AIDS club guidelines and 3 HIV/AIDS learning manual for secondary schools to all project covered schools. None of the above mentioned items were distributed to the schools since our organization lacked fund. Organization depends on volunteers and public contributions to run the project. After the establishments, teachers and students were trained practically by project facilitators on who to run successfully the clubs for three months, whereby the project facilitators supervised the HIV/AIDS CLUBS temporary. The clubs were left on the ownership of schools but our organization is still connected to the clubs so as provide resources such us update materials used for learning within clubs. This activity involved the organization to open HIV/AIDS clubs within 3 secondary schools. The following are some of the images in relation to this activity. HE BEST INTERESTS OF A CHILD MUST BE PROTECTED

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Project staffs and students of Mabwepande secondary school when opening clubs within a school



Project Staffs and students Opening HIV/AIDS club in Bunju A secondary school



Students of Boko secondary school when Opening HIV/AIDS club within the school

# 2.3.4 To conduct behavioral interventions to reduce HIV-related sexual risk behaviors through NOCHU HIV/AIDS clubs in 3 secondary schools

This activity is concerning about educating and raising awareness to students about HIV/AIDS and reproductive health. It is mostly anchored in influencing students to abandon risk behaviors which may endanger the welfare. It involved project staffs to go in the project covered secondary schools to teach students so many things which may affect their well being. So many topic were covered included HIV/AIDS, Adolescence, Human rights and HIV/AIDS, Decision making, Girls empowerment to have confidence and strength on protect their welfare, Peer age, Social networks and HIV/AIDS, Gender violence and HIV/AIDS. Students were very interested with the teachings and engaged actively in the learning process. All efforts were applied in order to protect students from HIV infections.



Students are responding to the questions asked by one of the project staff in the one of among HIV/AIDS club sessions within Bunju A secondary school



One among of the students of Bunju A secondary school contributes her opinions within HIV/AIDS club sessions.



A project staff awarding student of Bunju A secondary school after he provided an accurate answer in the HIV/AIDS club session



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### 3.0 PROGRESS REPORT

OBJECTIVE	ACTIVITY	RESULTS	ACHIEVEMENTS
To conduct open dialogue with students concerning HIV/AIDS within 3 project covered secondary schools	Five project staffs together conducted open dialogue within three secondary schools named Boko secondary school, Bunju A secondary school and Mabwepande secondary schools. It involved open talk about HIV/AIDS whereby project staffs asked questions and students provided answers. All students who participated to provide answers were awarded pens and exercise books. Students participated actively.	All three schools were covered by HIV/AIDS open dialogue. Totality of 124 students contributed their views on understanding about HIV/AIDS. Teachers in all school appreciated our service and cooperated with the organization for the smooth operations of the project.	<ul> <li>Organization got the real picture of students understanding about HIV/AIDS. Most of students do not understand about HIV/AIDS, what they know is just ideas. They do not know that a person with HIV cannot be seen with open eyes without being tested. They do not know the dangerous environment which may cause HIV infections to them. They do not know the weight of HIV as national and regional epidemic.</li> <li>Data collected from open dialogue within the 3 secondary schools assisted the organization to prepare proper materials for teaching HIV/AIDS in the secondary school</li> </ul>
Training of 6 teachers who will supervise operations of NOCHU HIV/AIDS clubs at their schools	This activity was supposed to train teacher on how to organize and supervise the HIV/AIDS clubs within there school. This activity was not conducted in the implementation of the project due to the lack of fund.	No teachers were trained to organize and supervise the HIV/AIDS clubs within 3 project covered schools in this quarterly period of the project.	Organization achieved nothing in this activity.
	Project staffs visited all 3 secondary schools named Boko secondary school, Bunju A secondary school and Mabwepande secondary schools in the quarterly period of implementation of the project, and established the HIV/AIDS clubs. The schools received clubs happily with sufficient	Clubs were given a fixed time for its sessions each week. Student's leaders of the clubs were elected democratically and assigned their responsibilities. Each school provided 80 minutes for running the HIV/AIDS club sessions in each week per month.	• Three HIV/AIDS clubs were established within three secondary schools. The smooth environment for conducting HIV/AIDS behavior interventions to the students were created successfully.

			1
	cooperation .Project staffs		
	elaborated the purpose of		
	the HIV/AIDS clubs and		
	how they are going to be		
	operated within schools.		
	Schools incorporate clubs		
	within their everyday class		
	sessions schedule.		
To conduct	Project staffs went to the 3	In every club sessions in	• Students 555 were
behavioral	secondary schools covered	each school students were	imparted sufficient
	by the project in the	increasing at a very high	knowledge about
interventions	quarterly period to teach	speed. The first club	HIV/AIDS, Adolescence,
to reduce	students so many topics	session in each school	Human rights and
	about behavior change so	students attendance	HIV/AIDS,
HIV-related	as the students can	ranged to 45-87 students	
sexual risk	abandon risks behaviors	but later attendance	<ul> <li>Project staffs gained knew</li> </ul>
behaviors	for the to be safe from HIV	ranged from 98 to 180	experience and skills to
	infections. Each school had	students per session at	deal with students in
through	80 minutes for club per	each school.	matters of raising
NOCHU	week. Students asked so	$\sim V$	awareness and educating y
HIV/AIDS	many questions about	Students disclosed hidden	about HIV/AIDS for
	HIV/AIDS and	issues which they face	behavior change.
clubs in 3	reproductive health.	when they are out of	1
secondary	Project staffs also	school. Those issues	• Students started to protect
_	supervised students in	endangered their health	themselves from risks
schools	performances of arts to	and academic issues.	behaviors. According to
	convey massages of	Students were advised	teachers recommendations
	behavior change to their	accordingly for their	some students started to
	fellow students. Project	safety from early	change their life style and
	staffs motivated highly students to abandon	pregnancy and risks of	behave well. They
		being infected with HIV/AIDS	commented that the club
	improper behaviors which may affect their wellbeing	niv/AiDS	sessions motivate students
	and welfare.	The totality of 36 club	to concentrate in academic
	and wenare.	The totality of 36 club sessions were conducted	matters.
	1 V Ks	in 3 secondary school on	
	11/2	the first quarterly period	Y /
	1///	of the implementation of	All and a second
	THI	the project	
	- 1	the project	

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### 4.0 DIFFICULTIES AND CHALLENGES

- a) Project staffs (volunteers) used their own finance to conduct project activities which our organization treats it as the threat for volunteer's motivations to work with our organization.
- b) In the beginning of the project most of volunteers delayed to adopt the formality of the project since they were convinced to participate. But later they adopted all formalities after being informed how they are direct connected with the problem which the project intends to solve.
- c) Project staffs (volunteers) lacked finance for food and drinks during the implementations of the project but excitedly they worked harder without considering such challenges.
- d) Sometimes we lacked finance for transportation and for purchasing important project items such as exercise books and pens which were so important especially in open dialogues. When the situation happened we postponed until we got finance.
- e) We lacked money for stationery
- f) We skipped some project activities due to the problem of lack of finance to facilitate them. Some activities which were skipped are Training of 6 teachers who will supervise operations of NOCHU HIV/AIDS clubs at their schools and distributions of club items
- g) Documentation of the project activities was very challenging especially pictures and videos since we lacked finance to pay for a professional cameraman.
- h) We lacked finance for advertising our project. Therefore we lacked posters, banners, t-shirts, caps and brochures. The project has been advertised in the community through students

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### 5.0 CONCLUSION

We as leaders of the organization, we believe, our organization has duties to make changes/to assist the community in solving problems regardless its economic situations. We started the project without an identified source of finance to facilitate it, but we hoped to get support when the project is practically on the implementations. Although we are receiving finance from individual donors in public donations but funds are not sufficient for project needs. Our organization is still seeking for further donations to make the project to achieve its objectives



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