NTAJA COMMUNITY BASED INCLUSIVE DEVELOPMENT CENTRE REPORT

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|  ANNUAL REPORT |
| **Compiled date:** December 2019 |
| NTAJA COMMUNITY BASED INCLUSIVE DEVELOPMENT CENTREThis is a place where a lot of activities are done in order to improve the development of persons with disabilities more especially children with cerebral palsy to gain milestones. This centre was opened on 30May,2018 upon request for the physiotherapy sessions by parents and guardians of children with cerebral palsy and other impairments.Started with 8children with cerebral palsy, the programme has received overwhelming response such that new children with disabilities are being registered every Wednesday which is the clinic day. The physiotherapy sessions are helping children with disabilities learn to sit ,positioning, stand walk, use their hands to eat and play with objects as well as interact with other children. Currently the programme has benefited 235children with various disabilities.**GOAL**1. The major goal is to minimize and eliminate impairments and for those certified to be disabled be able to perform some task on their own.2. To equip community based rehabilitation volunteers and parents with knowledge and skills in disabilities issues which will go long way in assisting persons with disabilities in their respective communities.

**ACTIVITIES CARRIED OUT AT THIS CENTER**The following are major activities that are being carried out at this centre every Wednesday:* Screening and assessment of children with various impairments.
* .Phyco\_social counseling
* Stimulation of children with cerebral palsy
* Proper feeding and handling of children with cerebral palsy
* Physiotherapy and exercises
* Making assistive devices\_APT
* Teaching volunteers and parents in disability issues and APT making
* Referring persons with disabilities to other service providers e.g.MAP,Beit
* Trust Cure International Hospital where they get necessary services
* Under five clinic activities
* Preparing porridge for children attending clinic
* APPLIANCES AND ASSISTIVE DEVICES AVAILABLE AT THIS CENTER
* We have the following appliances and assistive devices at this centr
* APT Chairs and Standing Frames
* .Parallel bars
* Few Rolators
* Few locally made toys

**ACHIEVEMENTS MADE SINCE INCEPTION**The following are some of major achievements since its inception of stimulation and physiotherapy activities:* A total of 30 children with various disabilities are now walking after successful training conducted at this center by two Rehabilitation Officers franked by a team of community rehabilitation volunteers.
* A total of 46 APT Chairs and Standing Frames have been made at this center and 33 have been given to children to use in their respective homes
* A total of 17 children with various disabilities have accessed wheelchairs from various stakeholders boundary partners and individual politicians
* A total of 14 children with various disabilities went for orthopedic surgeries at Beit trust cure international hospital
* Two children went for audiology services at QECH where they get necessary services
* One child went for leg prosthesis fitment in Lilongwe
* .A total of 6 children with hydrocephalus went for surgeries at Zomba central hospital
* One child with cataracts went to Lions First Eye hospital for cataracts extraction

HIGHLIGHTS ON SOME INDIVIDUALS(*CASE STUDIES)TALANDIRA ANTHONY from Chapola Village in the area of Traditional Authority Chiwalo born with severe cerebral palsy. She was able to sit with support but could not stand even with support. We started training her using APT Standing Frame and locally made parallel bars for over one year. Parallel bars were also elected at her home to fasten training process. Talandira is now walking and has since been admitted to early childhood development center for early education. Parents are very excited about this positive development and most thankful to MACOHA for this great work.****2. PATRICK ASSAN (M)****from Mkopo Village,TA Chiwalo born with Down Syndrome. His body was too floppy such that it was not easy to train him. His father abandoned the family upon seeing that the child will not achieve anything in this world apart from bringing problems. Relatives also wrongly advised the mother to murder the child in order to save the family but she refused Categorically. She was referred to this centre by MAP medical rehabilitation clinician and recommend that we train the child. We started training him using APT Chair for a very long time until he started sitting by himself and then we introduced standing frame and parallel bars before giving him a rotator. Patrick is now walking after a long training and it's all smiles to the mother and the entire community. She is more thankful for this programme and keep sending parents who have children with disabilities to this centre.****CHIMWMWE JANATU (M)****Born in 2007, Simba Village,TA Liwonde with severe cerebral palsy. Chimwemwe was able to sit on his legs crossed like a x while learning forward producing a lot of saliva, other children could not dare to play with him. Parents had great worries about the future of their child and cried inside their hearts day and night. He was referred to this center by community based rehabilitation volunteer responsible for the area. Immediately we started physiotherapy training in order to bring stamina to the weak lower part. After his legs were straightened, we started training him using APT Standing Frame and locally made parallel bars before giving him a rotator. Chimwemwe has been trained for one and half years and currently he is walking, able to mix and play with other children and able to speak, no more producing saliva .His parents especially the father who has been bringing the child to the clinic and training him at home is very delighted seeing this positive development happened to his child and most thankful with sincere heart to MACOHA for this great programme.****4. ROYCE NAISI (F)****Born in 2014 ,Mnyumwa Village,TA Kawinga with severe cerebral palsy.Royce was not able to sit alone, produced a lot of saliva. She was identified and referred by Association of Early Childhood Development in Malawi who had a project in TA Kawinga of encouraging children with disabilities to attend early childhood education through cbcc. Going through her health profile book, she was well assisted by MAP medical technician and recommend for physiotherapy training but parents could not meet transport costs to and from Liwonde every month. So we started implementing the recommendations made by MAP using APT Chair, standing frame, locally made parallel bars and rotator. Today Royce is able to sit alone ,stand, ,walk, mix and play with other children, eat and play with objects as well as toys.* **5.AMIN ADAMU** Born in 2010, Simba VH, TA Kawinga. At the age of 8 he suffered from cerebral malaria which paralyzed his lower limb making him unable to sit and stand but kept sleeping day and night. He was referred to this center by medical rehabilitation technician. Upon screening him we noticed that he has developed pressure sores and immediately was referred to medical personnel for proper treatment. Their after, we started training him using A PT standing frame, parallel bars and rolator. Also parallel bars were elected at his home. After training him for 8 months, Adam is now walking and his father is very happy and grateful to this program and has since been readmitted to school.OPPORTUNITIES AT THIS CENTERAt this center we have the following opportunities:1.Working space and office, we have been provided with good spacious office which has a warehouse and vast ground which makes our work easy.2. Stakeholders assist us with materials such as cardboards which we use when making Appropriate Paper Based Technology Chairs and Standing frames.3. We have access to wheelchair service where we refer children with disabilities to get free appropriate wheelchairs.4. Community based rehabilitation volunteers play important role in identifying children with various impairment for early intervention and assist a lot in the production of A PT.5. Also we have 12 rotators (baby walkers) which have been donated by the MP for the area Hon.Esther Jolobala which makes our work easy in walking training.5. Health personnel conduct under five clinic activities where they provide immunization to children and health education to the general public.**CHALLENGES WE FACE AT THIS CENTER**Despite the good work done at this center, we encounter the following challenges:1. we need to be provided with computer for proper filing and documentation of all activities done at this center.2. Since we introduced feeding lessons at this center, there is great need for nutritious likuni porridge.3. Followup is not done to children in their families to see how they cope with different situations in their homes due to mobility challenges since we don't have functioning motorcycle.4. Since we carry physiotherapy and stimulation activities at the open space where we get disturbed by the rains and heat, there's great need to be provided with shelter.End of reportCompiled by:Wisdom Mseteka Senior Rehabilitation Assistant NTAJA COMMUNITY BASED INCLUSIVE DEVELOPMENT CENTER. |