



For Young People



ANNUAL REPORT 2019

“It’s a great joy for me to see young people becoming better citizens and passionate about transforming their communities, I thank CCFU for supporting young people and giving them opportunities to exploit their potentials”

Christine
NAKYEJJWE,
Miss Awake 2019/20



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FOREWORD FROM THE TEAM LEADER

out and empowering more young people through our various programs and projects.

We believe that empowerment of young people and women will be attained when they have access to the right, correct and accurate information on issues that are affecting their wellbeing.

Through projects like Awake Youth Camp this year, we engaged and empowered in & out of school young people, our education support have enabled many young people to access education, Ensonga project have enable many school going girls to overcome their Menstrual Health Management (MHM) challenges, the Youth Empowerment to End HIV/AIDS & SRHR Issues (YEEHSI) have enable us to spread awareness and referrals about HIV/AIDS to mention a few. We launched our website and you can visit www.ccfug.net to know more about us and what we do.

I welcome you to take a look at our 2019. If you see anything you appreciate, do let us know. Likewise where there is need for improvement let us know. We are open to learn and grow.

#CCFU #EmpoweringYoungPeople

Ratibu Kakooza

Team Leader CCFU

“

Dear CCFU Friends, Supporters, Partners & Change Makers.

We once again want to thank all of you for partnering with CCFU for the year 2019. It has been a year of a lot of change and a lot of exciting project & developments.

This report is prepared in the spirit of hope and in the face of immense youth challenges, to highlight how CCFU is working to improve the lives of young people and to also highlight young people's efforts and contributions towards impacting our communities.

Young People feel the pinch of different challenges like: lack of access to education, Menstrual Health Management (MHM), Teenage pregnancies, Child Marriages, SRHR & HIV/AIDs, Gender Based Violence (GBV), Unemployment, Drug abuse among others. These have often affected their potentials and momentum. This is why we tirelessly continue to support others by seeking

WHO WE ARE

CCFU is a youth led and youth serving non-profit organization founded by young peoples who decided to volunteer their time to work towards social transformation, it is working to improve the well-being of young people and women in Masaka region to live a better and a purpose driven lives through educating, engaging and empowering them.

Mission: To promote the well-being of young people & women to live a better and purpose driven lives through educating, engaging and empowering them.

Vision: To have communities where young people & can have opportunities to maximize their potential and influence decisions that affect their well-being.

Goal: To support young people to live a productive & purpose driven lives.



CCFU is established on the values of:



Team Work



Transparency



Youth Driven



Learners



Integrity

A SNAPSHOT OF 2019 RESULTS:



45

Children sponsored
with education



3347

Young people reached
through peer learning sessions



897

Girls received re-usable
sanitary pads (AFRIpad type)



10

Community Child Protection
Committees formed



8

Child Rights Clubs
formed in 8 schools



HOSTED

the 1st Menstrual Hygiene Day
celebrations in Masaka



HOSTED

the first Awake Youth Camp



OUR MEMBERS

hiked Mt Rwenzori (Karangula Peak)
to break the stigma around Menstruation



OUR ACTIVITIES & PROJECTS

2019 has been a year of reflection, learning and a test of our dedication to empowering of young people in Masaka region. While there have been numerous challenges, we have registered significant wins and success in the 2019 bag and we are so proud of that.



CHILD RIGHTS PROTECTION PROJECT:

Our work was to create peaceful homes & environment for children through engaging communities, local leaders, parents & teachers in an effort to take the much need awareness about child rights to the public. We carried out community & school outreaches and dialogues where service provision was key. These engagements encouraged conversations and positioned us as a reliable partner who understands the issues that are affecting the rights of the children the most.

Protecting children from abuse, neglect, exploitation and other forms of violence. Young people were empowered to prevent and respond to all forms of child violence under the tagline #EndChildViolence

We were able to conduct 10 sensitization meetings in seven villages namely: Kayijja,

Bulando, Bugya, Kiwaala, Luvule, Kasaala, Kiyumba, Bwala, Nyendo and Kasana.

We formed eight child rights clubs in schools both in secondary and primary schools (schools include; Kasana Junior School, Bulando P/S, Kiwaala P/S, Luvule P/S, Bwala S.S, Buddu S.S, Notre Dame High School and Green Hill S.S), formed 10 community child right protection committees (CCPCs) and were fully trained in child protection and referral mechanism. They were also given tools and t-shirts to be identified within their communities.

Formed relationship with police and child protection agencies like probation office and an anonymous child help line was given to community by probation which is 116 and it is toll free to report all cases of child violence.



AWAKE YOUTH CAMP:



It was a three day residential camp connecting in and out of school young people with a primary target of teenagers. The aim of the camp is to support young people to make informed life choices on issues on the issues that are affecting their well-being under theme: *Empowering young people to unlock their potentials.*

We received 105 participants, we were also joined by peer educators, facilitators and partners to make the camp a success.

The young people that participated in the camp were about to share and receive information about the issues that are affecting their wellbeing. They received services from experienced partners like Uganda Cares who provided SRHR & HIV/AIDs awareness & counselling, Malaria Prevention from CDFU & USAID's/MARP, Drug Abuse from CCFU & Drugs Hapana Uganda, Menstrual Health Management (MHM) from CCFU and some the participants (those from rural areas received reusable sanitary pads AFripad type), and Human Rights, sensitising these young people about their rights and how to fight for them from WalkFree Uganda. They were also received information on relationships and their effects, teenage pregnancy, child marriages and their consequences. The participants also got a chance to meet their role models.

We hope the participants were able to make informed life choices according to the knowledge, skills and information that they received in the camp. #AwakeYouthCamp





ENSONGA PROJECT:

Ensonga Project (Ensonga means menstruation in our local language) this project focused on adolescent and young girls in primary schools and some the few in lower secondary level that is S.1 and S.2. We give them accurate information about Menstrual Hygiene Management and about their Reproductive Health and Rights.

In 2019 we reach over 1185 school going girls in different schools in Masaka, Kalungu, Kyotera, Lwengo and in Rwenzori mountainous Region with accurate and correct information about their Menstrual Health Management (MHM) on how to handle themselves during their periods and were also able to provide 897 girls with emergency re-usable sanitary pads (AFRIpad type) to enable stay in school during their periods.

We were also able host and celebrate World Menstrual Hygiene 2019 under the theme: **Yes! Together we can end period stigma**. The day was hosted at Kiyumba Primary School where we involved children in and out of school, cultural and religious leaders, local leaders and the communities with the aim of joining efforts with all the concerned parties to end menstrual stigma and to call upon the government officials to find the solution for the girls who drop of school because of menstruation. #PeriodAreNormal&Healthy

ensonga
Periods are Normal & Healthy





EDUCATION SPONSORSHIPS:



As a youth oriented organization, we work toward educating young people to achieve their dreams as they grow. "Education is a powerful weapon to changes the world"- Nelson Mandela

With the support of sponsors we were able to support the education of 41 children with school fees and school requirements, 13 of them in primary level of education and 27 of them in secondary level of education and one in tertiary institution. We had 6 candidates (1 in P.7 and 5 for S.4) they all passed well, for those in S.4 2 got 1st grades, 2 got 2nd grades & 1 got 3rd grade and the one in P.7 got 2nd grade and will all be joining their next level of education in 2020. Thanks to our partners in South Korea, Spain, Canada & USA for supporting this program.

YOUTH EMPOWERMENT TO END HIV/AIDS & SRHR ISSUES (YEEHSI).



In order to respond to the increasing rate of HIV/AIDS & SRHR challenges faced by young people, we developed the project to empower young people with accurate and correct information about HIV/AIDS and SRHR as we raise awareness about these issues to the young people and enable them interact with their peers and be able to know and overcome about their Sexual Reproductive Health & Rights (SRHR) challenges.

This project targeted in and out of school communities of young people ages between 14-24 who are vulnerable to STDs, HIV/AIDS, Child Marriage, Teenage Pregnancy, Gender Based Violence and all related issues caused by limited or no access to their Sexual Reproductive Health & Rights (SRHR) information and services.

Through this project (YEEHSI) we have reached over 1998 young people through our community and school outreaches in different parts of Masaka region. 292 of them were tested during community outreaches.

The project aimed to the reduction of HIV/AIDS new infections among young people and to overcome the big challenges of SRHR among young people through youth-friendly engagements and peer-to-peer mobilization and learning.

CCFU WOMEN EMPOWERMENT PROJECT (CCFU-WEP):

The Young Women's Economic Empowerment Program targeting disadvantaged young women so that they can become economically empowered through business trainings, financial skills, small start-up capital, and the facilitation of a savings group.

We were able to put in place 2 women saving groups and added them to the 2 groups that have been in existence making a total of 4, on addition to that we were able to support 5 women with small loans for startup capital at no interest to enable them start business hence improving on their self-dependence and sustainability.



NEEDS SUPPORT:



This project is for the elderly people who are vulnerable and who really find it hard to access need like food among other basic needs. In our basic need support program we were able to provide emergency food to different 14 households.

We provided food of different types like maize flour, soap, salt & sugar, each house hold received 50kgs of maize flour, 2 bars of soap, 10kgs of sugar and 3kgs of salt and 2 packets of matchboxes.



CAMPAIGNS:

We believe in youth-led advocacy for

young people's health & wellbeing, in 2019 we run 2 campaigns that allowed us to boldly advocate for the need of young people. Through these campaigns (Book before Babies and Beera Steady) we provided opportunities for the young people especially in schools to discuss the challenges agree on how to access adequate information and services.



Book before Babies Campaign:

CCFU together with other stake holders launched this campaign to show the school going girls to focus only on their education and live alone other issues. This campaign is targeted the school going girls between the ages of 13-19 years specifically in secondary school and sensitize them about decision making, relationships & its effects, teenage pregnancy & its effects and also about their Sexual Reproductive Health & Rights (SRHR) and its related issues to help them make informed life choices. The aim of this campaign is to overcome teenage pregnancies & child marriages among the school going young girls. #BooksbeforeBabies.



Beera Steady Campaign:

One of the challenges faced by young people in Uganda is the substance use of drugs, the aim of this campaign is to combat the experimenting and use of drugs among young people through awareness and education on the dangers, through school & community outreaches, seminars, drama, counselling and advocacy as well as providing prevention measures under the tagline #AbstainFromDrugs

We conducted 9 school outreaches, 3 community outreaches and 2 seminars.

Through these two (2) campaigns we reached 1057 young from different school and communities of Masaka region.



OUR PARTNERSHIPS:

Thanks to our Partners who walked with us in 2019 journey. Our work wouldn't have been possible without their support and cooperation! Their support allows us to support and help others. We value and appreciate each and every partner from the community level to global organizations. Thank you so much for the trust you have shown us!



FINANCIAL VIEW:

Being a non-profit organization we are funded by individuals, groups & organizations contributions in cash and in kind. We marked a growth in our income and/or revenue from various sources, as we continue to maintain a low administrative overheads.

We continue to seek out local partnerships and support in an effort to increase sustainability for our program interventions.

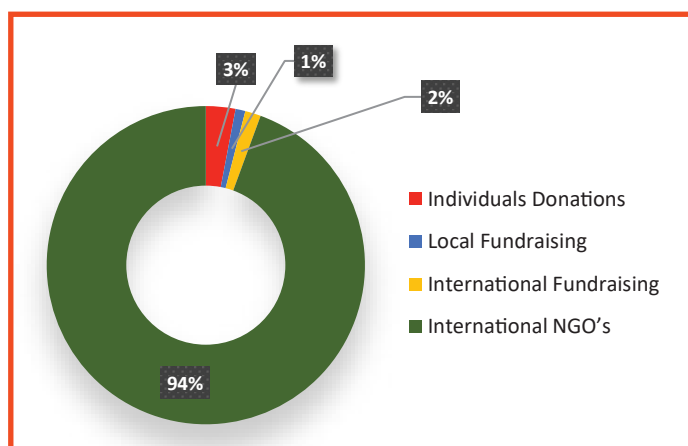
Revenue and/or Income in 2019

Revenue/ Income	Amount (\$)
Individual Donations	957
Local Fundraising	397
International Fundraising	552
International NGO's	32410
Total	\$34316

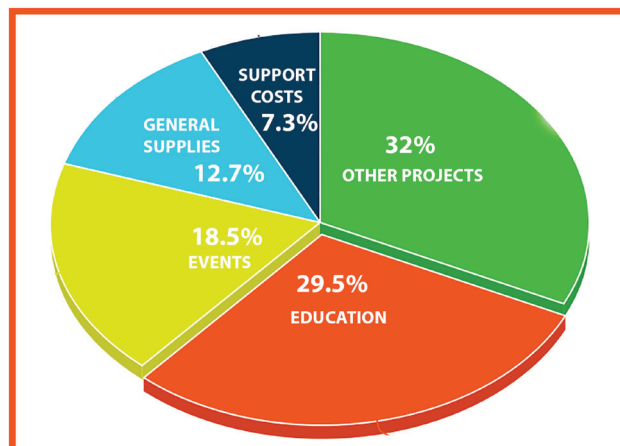
Expenditure Summary

Category of Expenditure	Amount (\$)	Percentage
Program Costs	111,187,500	92.7
Support Costs	8,820,000	7.3
Total	120,007,500	100

Revenue and/or Income in Percentage



Expenditure in Percentage



Our Income Growth over the Years.

No	Year	Income (\$)
1	2017	8,921
2	2018	14,542
3	2019	34316

Our transformational work would not have been possible without the vision and commitment of each of our members who make up the CCFU Core Team. It's not just about inspiring transformation change within others, it's from within and committing ourselves to personal and professional change agents.

OUR TEAM:



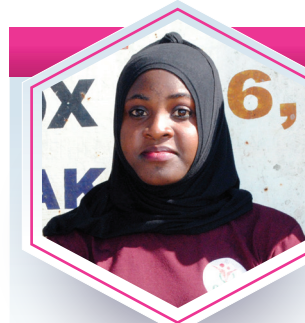
Ratibu Kakooza
(Team Leader)



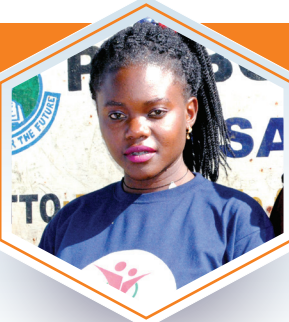
Kakooza Shafik
(Chief of Staff &
Project Officer
GraFiks)



Patricia Nabitosi
(Programs
Coordinator)



Ninsiima Mayi
(Finance Officer),



Nakasagga Pauline
(Leader Peer
Education)



Namuggwanya Ruth
(Social Worker)



Kayabula Godfrey
(Field Officer)



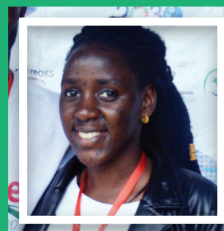
Namatovu Prossy
(Welfare)



VOLUNTEER MEMBERS



K. AKRAM



N. NOERINE



N. NOERINE



N. FAZIRAH



N. WINNIE

CHANGE



Monica Nakalisa 12 year old student in Primary Seven at Bulando Primary School.

Having a sour hear before she joined the Child Rights Club in her school. She was timid & introverted, and struggled to engage in classroom learning sometimes even hiding under desk to avoid the gaze of her classmates when asked a question. Monica's low self-esteem also hindered her ability to process certain emotions, like anger, in a healthy and productive way. She described an incident in class during which she became furious with one of her classmates for giving an answer before she could. Monica has always had a powerful voice and was desperate to be heard, but struggled to empower herself in

social situations. When we started a child rights club in her school, Monica joined the club, during which she benefited from sessions focusing on improving self-confidence and communication with others. By establishing these foundational building blocks, Monica learned to practice respect for herself and others, no matter what their background was, knew about her rights and responsibilities. The program gave Monica the space to discover the power of her voice and has enabled her to be aspirational about her future. Her goal now is to teach other children about their rights and to use her voice to inspire the same confidence and respect in others.

Nambusi Brenda 17 year of age, after completing my primary seven, then I was unlucky that my father got married to another woman and abandoned our family and gone with another new wife he had got. And because my mother had no job and or any income activity she was unable to take me back to school to join secondary level and then she decided to send me live with my uncle in the village.

"And when I reached the village, I didn't knew that my uncle had dark plans for me, I found out that I was going to be married out off to an old man, and because when I was in my primary school learnt that this wasn't good for me and it was actually child marriage- So she called her Mother and her mother gone and picked her from the village"-Brenda explained.

A friend of her Mother told her about CCFU and when we reached to them, it was lucky for me because I was accepted to join their sponsorship program, I was supported to join St Anthony Kayunga Secondary School where i was admitted in Senior two (S.2). And I was supported until when I completed my Senior Four last year 2019 where I past with 1st grade of 30 aggregates.

Now my wish is to join a nursing course because my dream is be a nurse and help other people who are in need.

Let me take this opportunity to thank CCFU for the opportunity they are giving young people like me and others to live our dreams. Long live CCFU, may GOD bless you!

STORY:

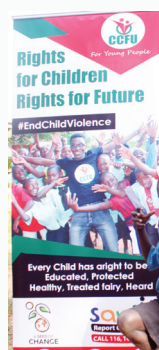


Nakilyowa Evelyn 18 years old married with one child. Before joining the CCFU-WEP, she found herself sitting at home without constructive projects to invest her time and creativity in. She found out about WEP project through a young women who was involved in one of our saving groups. Evelyn was interested to join the saving group though she wasn't able to save anything because she had no income activity, but because she had the will, she always got involved in group learning sessions where she learned importance of collaborative

team, business skill and good financial skills.

After learning those skills, she applied for a small loan from CCFU to start her small business of charcoal selling, She was luck that she got the loan and she started her income generating of selling charcoal, it is not performing so well but she have a hope that it will be improving soon, and she is a bit sure this business will help her to improve her financial dependence from her husband and also to starting supporting her family as well.

PICTORIAL:







For Young People

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